

10. Specialist Support

As an HSE Practitioner or Professional working in remote project settings, there will likely be times when you will need specialist support. It is important to remember that you are not expected the know everything. When these situations arise seek the support you need.

Given this, an important part of being a project practitioner is knowing where to access support. There are three main sources of support:

- 1. Within your site/organisation
- 2. From your divisional HSE team
- 3. Within your professional network
- 4. From a professional body

Specialist Support & You

The best way to find out about support strategies is to ask your manager/supervisor/mentor, another member of your team, or a colleague. Good questions to ask include:

- Does the company have any specialist lists or directories?
- Is anyone in the organisation considered a 'specialist' or have a relevant special interest?
- Is there a list of non-government agencies and the support services they provide?
- Does your professional association have a NZ directory?

One important resource you should develop is your own personal specialist support directory. This contains names and contact details for specialist supports available specific to your project or industry area. This may take a little time to establish, as you become more familiar with your work and the support and specialist services available.